

DECLUTTER YOUR SPACE

Starting Now

7 Days Decluttering Challenge



Create a lighter, calmer home in just one week

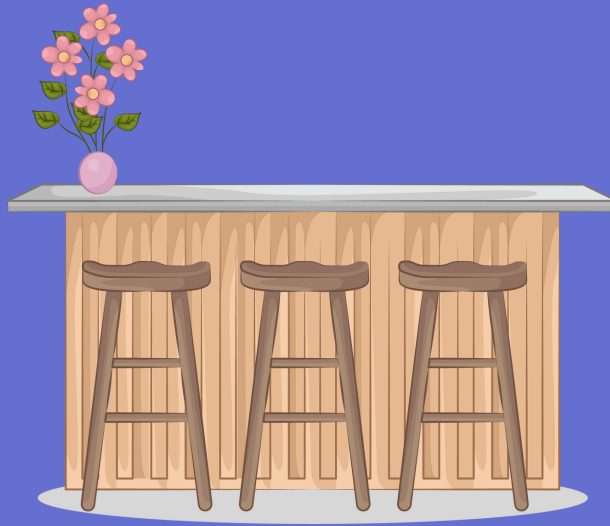
By Without Clutter
withoutclutter.com



Welcome to your 7-day decluttering challenge! Whether you're feeling overwhelmed by stuff or just want to bring more calm into your home, this guide is here to help—one simple step at a time.

You don't need hours or fancy tools—just 15–30 minutes a day and a willingness to let go of what no longer serves you.

Let's create more space for what truly matters. 🌿



Day 1 – Clear the Surfaces

Choose one room and clear all flat surfaces—tables, countertops, nightstands.

✓ Keep only what you use daily or what brings you joy.

💡 Decluttered surfaces = instant calm.



Day 2 – The “Drop Zone”

Tidy the hallway or entry area where bags, shoes, and post pile up.

- ✓ Add a basket or hook to make tidying easier.
- 💡 A tidy entrance sets the tone for your home.



Day 3 – The Dreaded Drawer

Sort through one “junk drawer.”

✓ Toss, relocate, or organize with dividers.

💡 Small wins build momentum.



Day 4 – Bathroom Refresh

Clear out old toiletries, expired products, and unused towels.

✓ Keep only what you use regularly.

💡 Less clutter = more serenity.



Day 5 – Wardrobe Edit

Pick one category—tops, trousers, shoes—and declutter.

✓ If you haven't worn it in a year, let it go.

💡 Your wardrobe should work for you, not overwhelm you.



Day 6 – Paper & Mail

Go through loose paper, unopened mail, and “to-do” stacks.

✓ Recycle, file, or digitize.

💡 No more mystery piles.



Day 7 – The Spot That Bothers You Most

Choose one area that's been bothering you.

- ✓ Set a timer for 20 focused minutes.
- 💡 Progress over perfection.



You did it! 🎉

Seven small actions, one big shift. You've just proven you can create space, peace, and clarity in your home.

Keep the momentum going!

👉 Visit **withoutclutter.com** to explore:

- Personalized home decluttering services
- Virtual support sessions
- Practical organizing tips
- More freebies + resources

You're not alone on your journey—I'm here to help.